



Much like the routine of back-to-school we're experiencing this month in Canada, routines do matter and play a huge part in the success of a high-performing team.

Sure, mindset, attitude, and behaviours are part of the mix, but without the practised discipline of routine, none of it comes together very well.

No matter where you are with your team this month, if you wanted change and were willing to try small adjustments, our monthly Intentional (see below) may help.

It suggests a check-in every 90 days with your team to celebrate the wins, acknowledge the losses and plan out the next 90 days. This means a small commitment of an extra team gathering 4 times more between now and next September.

Your team will love it and rise to the occasion. We promise.
As always, we're here to help.

Yours in team performance,
Bill & Esther

P.S. Follow either of us on Twitter and please be sure to connect with us on LinkedIn for actionable tips through the month to build your high-performance team.



THE Intentional TEAM



The Power of Routine

Intentionals are short, actionable tips for team performance. Your monthly Intentional:

What is the breakfast of champion teams?

Getting the team together every 90 days to review progress, celebrate successes and create action plans for the next 90 days is an essential habit of Intentional Teams.

Teams that follow this self-management routine have a performance mindset that gets results!

[Learn more about Intentional Teams >>](#)

Fast team. Slow team.

Your team contains people who have different work speeds. Some work quickly, and may be very deadline driven. Others plod along. Sometimes this difference in pace can be really irksome to you, the team leader or to your team members. Find out why both are right and how to harness the best of the marathoners and sprinters on your team.

[Read more from Esther on this >>](#)



Choices and habits...

Similar perhaps, to a lecture you'd give your teenager, the choices we make and the habits we form do help us reach our goals, and/or consequences. That is fine for each of us, but what about the choices and goals of the team? How do we put our individual choices and habits aside to align on one as a team? And do we really need to do this? Really?

[Read Bill's point on this sensitive team topic>>](#)
